



# HSRU

Promoting Excellence in Health Services Research

## Checking the integrity of published biomedical research

### Alison Avenell

Health Services Research Unit, University of  
Aberdeen, Scotland

**No conflicts of interest declared**

HSRU is core funded by the Chief Scientist Office of the Scottish Government Health and Social Care Directorates. The author accepts full responsibility for this talk.



[www.abdn.ac.uk/hsru](http://www.abdn.ac.uk/hsru)

Follow us on  @hsru\_aberdeen

# Things to consider first

- Always consider what you read may have compromised integrity
- Check the author(s) for other publications, study registries, conference abstracts
- Look for correspondence on papers by citation searching, e.g. Web of Science, Scopus

- Check out **Retraction Watch** and its database of retractions

<https://retractionwatch.com/retraction-watch-database-user-guide/>

- Check out **PubPeer** and use its **Plugin** extension
- Use current Reference packages linked to RW's database:  
**Edifix, EndNote, LibKey, Papers, and Zotero**

# What is the focus of your assessment?

---

- Peer review?
- Deciding whether to include a study in evidence synthesis/systematic review?
- Investigating the integrity of research, e.g. for a journal publication?
- Investigating whether there was misconduct?
  - **What level of detail do you need?**

# What expertise do you need?

---

- **Depends on focus of assessment**
- **Consider that you may need expertise in methods and subject content**

# Resources

---

**Checklists/tools for Randomised controlled trials (RCTs):**

**TRACT:** <https://doi.org/10.1186/s41073-023-00130-8>

**RIA:** <https://doi.org/10.1002/jrsm.1599>

**CPC-TST:** <https://onlinelibrary.wiley.com/doi/10.1002/cesm.12037>

**INSPECT-SR:** <https://bmjopen.bmj.com/content/14/3/e084164>

**Checklist/tool for Biomedical research including RCTs:**

**REAPPRAISED:** <https://doi.org/10.1038/d41586-019-03959-6>

# RIA - Research Integrity Assessment

Received: 16 May 2022 | Revised: 28 July 2022 | Accepted: 11 August 2022


DOI: 10.1002/jrsm.1599

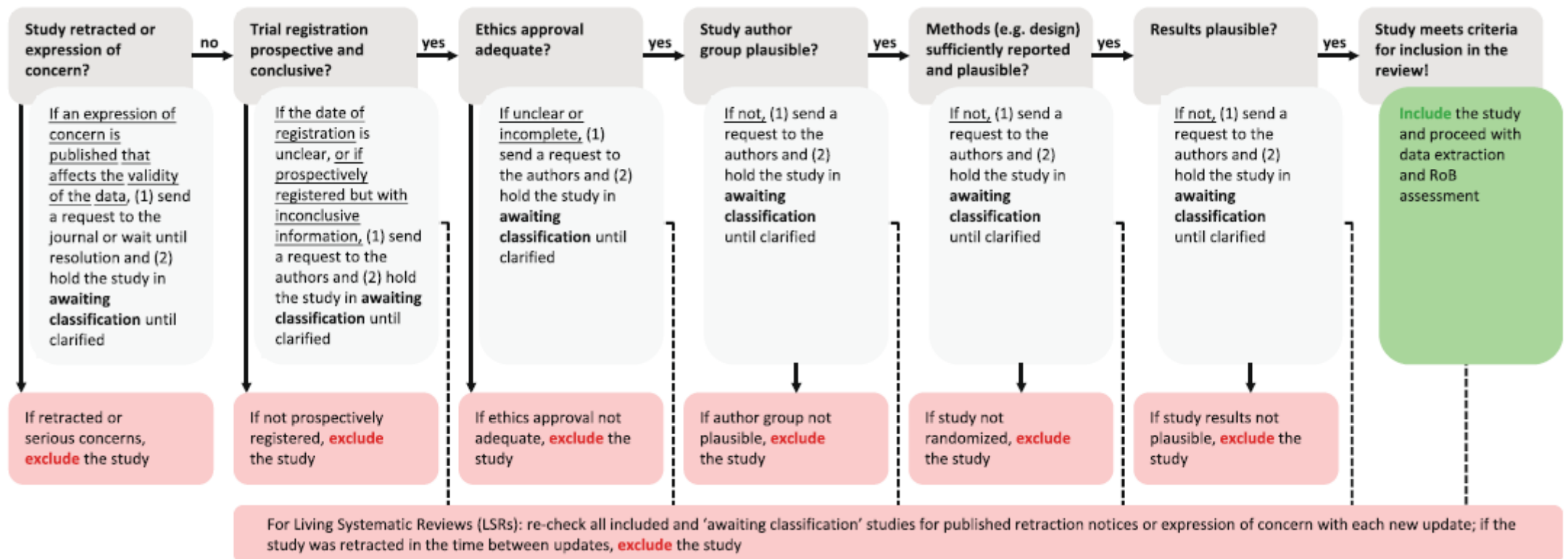
RESEARCH ARTICLE

Research  
Synthesis Methods WILEY

## Identifying and managing problematic trials: A research integrity assessment tool for randomized controlled trials in evidence synthesis

- Tool developed by iterative discussion, piloting
- Focus on drug RCTs

Stephanie Weibel<sup>1</sup>  | Maria Popp<sup>1</sup> | Stefanie Reis<sup>1</sup> | Nicole Skoetz<sup>2</sup> | Paul Garner<sup>3</sup> | Emma Sydenham<sup>4</sup>



# CPC - TST Cochrane Pregnancy and Childbirth - Trustworthiness Screening Tool

Version 3.0



**Identifying and handling potentially untrustworthy trials – Trustworthiness Screening Tool (TST)  
developed by the Cochrane Pregnancy and Childbirth Group**

**Alfirevic Z, Kellie FJ, Weeks J, Stewart F, Jones L, Hampson L, on behalf of the Pregnancy and Childbirth  
Editorial Board**

The Cochrane Pregnancy and Childbirth Group developed a process for identifying and handling untrustworthy (potentially fraudulent) trials in the group's Cochrane Reviews.

## **Items:**

- 1. Research governance**
- 2. Baseline characteristics**
- 3. Feasible**
- 4. Results plausible**

# CPC - TST Cochrane Pregnancy and Childbirth - Trustworthiness Screening Tool

Received: 14 September 2023




Accepted: 17 November 2023

DOI: 10.1002/cesm.12037



## RESEARCH ARTICLE

# Trustworthiness assessment as an inclusion criterion for systematic reviews—What is the impact on results?

Jo Weeks  | Anna Cuthbert  | Zarko Alfirevic 

**25% of trials in Cochrane reviews in Pregnancy and Childbirth removed**

**One third of reviews' clinically important findings needed updating**

# TRACT - Trustworthiness in Randomised Controlled Trials

Mol et al. *Research Integrity and Peer Review* (2023) 8:6  
<https://doi.org/10.1186/s41073-023-00130-8>

Research Integrity and  
Peer Review

RESEARCH

Open Access



## Checklist to assess Trustworthiness in RAndomised Controlled Trials (TRACT checklist): concept proposal and pilot

Ben W. Mol<sup>1,2</sup>, Shimona Lai<sup>1</sup>, Ayesha Rahim<sup>1</sup>, Esmée M. Bordewijk<sup>3</sup>, Rui Wang<sup>1</sup>, Rik van Eekelen<sup>3,4</sup>, Lyle C. Gurrin<sup>5\*</sup>, Jim G. Thornton<sup>6</sup>, Madelon van Wely<sup>3,4,7</sup> and Wentao Li<sup>1</sup>

### Screening tool developed by:












1. Defining scope
2. Review of evidence base
3. List of items for piloting
4. Consensus meeting

### Items:

1. Governance
2. Author Group
3. Plausibility of intervention usage
4. Timeframe
5. Drop-out rates
6. Baseline characteristics
7. Outcomes

 Follow this preprint

## Development of the Individual Participant Data (IPD) Integrity Tool for assessing the integrity of randomised trials using individual participant data

 KE Hunter,  M Aberoumand,  S Libesman,  JX Sotiropoulos,  J Williams,  W Li, J Agerup,  BW Mol,  R Wang, A Barba,  N Shrestha,  AC Webster,  AL Seidler

doi: <https://doi.org/10.1101/2023.12.11.23299797>

**This article is a preprint and has not been peer-reviewed [what does this mean?]. It reports new medical research that has yet to be evaluated and so should *not* be used to guide clinical practice.**

**Tuesday 10.30-12.00**

**Oral presentation session 17**

# INSPECT-SR - INveStigating ProblEmatic Clinical Trials in Systematic Reviews

Open access

Protocol

## BMJ Open Protocol for the development of a tool (INSPECT-SR) to identify problematic randomised controlled trials in systematic reviews of health interventions

Jack Wilkinson <sup>1</sup>, Calvin Heal,<sup>1</sup> George A Antoniou,<sup>2,3</sup> Ella Flemyng,<sup>4</sup> Zarko Alfirevic,<sup>5</sup> Alison Avenell <sup>6</sup>, Ginny Barbour,<sup>7</sup> Nicholas J L Brown,<sup>8</sup> John Carlisle,<sup>9</sup> Mike Clarke <sup>10</sup>, Patrick Dicker,<sup>11</sup> Jo C Dumville,<sup>12,13</sup> Andrew Grey <sup>14</sup>, Steph Grohmann,<sup>4</sup> Lyle Gurrin,<sup>15</sup> Jill Alison Hayden <sup>16,17</sup>, James Heathers,<sup>18</sup> Kylie Elizabeth Hunter <sup>19</sup>, Toby Lasserson,<sup>4</sup> Emily Lam,<sup>20</sup> Sarah Lensen <sup>21</sup>, Tianjing Li,<sup>22</sup> Wentao Li <sup>23</sup>, Elizabeth Loder,<sup>24,25</sup> Andreas Lundh,<sup>26,27</sup> Gideon Meyerowitz-Katz,<sup>28</sup> Ben W Mol <sup>29</sup>, Neil E O'Connell,<sup>30,31</sup> Lisa Parker <sup>32</sup>, Barbara K Redman,<sup>33</sup> Lene Seidler,<sup>19</sup> Kyle A Sheldrick,<sup>34</sup> Emma Sydenham <sup>35</sup>, David Torgerson,<sup>36</sup> Madelon van Wely,<sup>37,38</sup> Rui Wang <sup>29</sup>, Lisa Bero <sup>39</sup>, Jamie J Kirkham <sup>1</sup>

**Tuesday 10.30-12.00**  
**Oral presentation session 17**

### Development:

1. Survey
2. Delphi survey
3. Feasibility and impact of applying checks to systematic reviews
4. Consensus meeting
5. Prospective testing of the draft tool in the production of new health systematic reviews

# Comment

## Check for publication integrity before misconduct

Andrew Grey, Mark J. Bolland, Allison Avenell, Andrew A. Klein & C. K. Gunsalus

A tool that focuses on papers – not researcher behaviour – can help readers, editors and institutions assess which publications to trust.

**I**f it is published in the scientific literature, can you trust it? All too often, that question gets lost, sidetracked or buried. Even when serious, credible concerns are sent to a journal, decisions over whether to correct or retract are more likely to take years than months – time during which potentially harmful misinformation can spread. Delays and inaction often happen because enquiries tend to focus on the thorny question of whether a researcher acted deliberately to deceive. The more important issue, however, is the integrity



structuring of complex procedures in health care and other industries. One of us (C.K.G.) should, be applied independently of whether misconduct is suspected. Its use can help to

# REAPPRAISED checklist

## Comment

### THE 'REAPPRAISED' CHECKLIST FOR EVALUATION OF PUBLICATION INTEGRITY

Not all items will be applicable to every publication, and other questions might be relevant for individual categories.

#### R — Research governance

- Are the locations where the research took place specified, and is this information plausible?
- Is a funding source reported?
- Has the study been registered?
- Are details such as dates and study methods in the publication consistent with those in the registration documents?

#### E — Ethics

- Is there evidence that the work has been approved by a specific, recognized committee?
- Are there any concerns about unethical practice?

#### A — Authorship

- Do all authors meet criteria for authorship?
- Are contributorship statements present?
- Are contributorship statements complete?
- Is authorship of related papers consistent?
- Can co-authors attest to the reliability of the paper?

#### P — Productivity

- Is the volume of work reported by research group plausible, including that indicated by concurrent studies from the same group?
- Is the reported staffing adequate for the study conduct as reported?

#### P — Plagiarism

- Is there evidence of copied work?
- Is there evidence of text recycling (cutting and pasting text between papers), including text that is inconsistent with the study?

#### R — Research conduct

- Is the recruitment of participants plausible within the stated time frame for the research?
- Is the recruitment of participants plausible considering the epidemiology of the disease in the area of the study location?
- Do the numbers of animals purchased and housed align with numbers in the publication?
- Is the number of participant withdrawals compatible with the disease, age and timeline?
- Is the number of participant deaths compatible with the disease, age and timeline?
- Is the interval between study completion and manuscript submission plausible?
- Could the study plausibly be completed as described?

#### A — Analyses and methods

- Are the study methods plausible, at the location specified?
- Have the correct analyses been undertaken and reported?
- Is there evidence of poor methodology, including:
  - Missing data
  - Inappropriate data handling

- P-hacking: biased or selective analyses that promote fragile results
- Other unacknowledged multiple statistical testing
- Is there outcome switching — that is, do the analysis and discussion focus on measures other than those specified in registered analysis plans?

#### I — Image manipulation

- Is there evidence of manipulation or duplication of images?

#### S — Statistics and data

- Are any data impossible?
  - Are subgroup means incompatible with those for the whole cohort?
  - Are the reported summary data compatible with the reported range?
  - Are the summary outcome data identical across study groups?
  - Are there any discrepancies between data reported in figures, tables and text?
  - Are statistical test results compatible with reported data?
- Are any data implausible?
  - Are any of the baseline data excessively similar or different between randomized groups?
  - Are any of the outcome data unexpected outliers?
  - Are the frequencies of the outcomes unusual?
  - Are any data outside the expected range for sex, age or disease?
  - Are there any discrepancies between the values for percentage and absolute change?
  - Are there any discrepancies between reported data and participant inclusion criteria?
  - Are the variances in biological variables surprisingly consistent over time?

#### E — Errors

- Are correct units reported?
- Are numbers of participants correct and consistent throughout the publication?
- Are calculations of proportions and percentages correct?
- Are results internally consistent?
- Are the results of statistical testing internally consistent and plausible?
- Are other data errors present?
- Are there typographical errors?

#### D — Data duplication and reporting

- Have the data been published elsewhere?
- Is any duplicate reporting acknowledged or explained?
- How many data are duplicate reported?
- Are duplicate-reported data consistent between publications?
- Are relevant methods consistent between publications?
- Is there evidence of duplication of figures?

- **R**esearch governance
- **E**thics
- **A**uthorship
- **P**roductivity
- **P**lagiarism
- **R**esearch conduct
- **A**nalyses and methods
- **I**mage manipulation
- **S**tatistics and data
- **E**rrors
- **D**ata duplication and reporting

# R - Research governance

---

## **R — Research governance**

- Are the locations where the research took place specified, and is this information plausible?
- Is a funding source reported?
- Has the study been registered?
- Are details such as dates and study methods in the publication consistent with those in the registration documents?

# R - Research governance

**Bahmani F, et al. Effect of selenium supplementation on glycemic control and lipid profiles in patients with diabetic nephropathy. Biol Trace Elem Res 2016; 172: 282-289.**

## **Subjects and Methods**

### **Participants**

In this randomized double-blind placebo controlled clinical trial, we included patients with DN, with a proteinuria level of  $>0.3$  g/24 h, aged 45–85 years old who were referred to Akhavan Clinic in Kashan, Iran from March 2015 to June 2015. We defined DN as diabetic renal disease with proteinuria, with or without elevation of serum creatinine

# R - Research governance

Bahmani F, et al. Effect of selenium supplementation on glycemic control and lipid profiles in patients with diabetic nephropathy. Biol Trace Elem Res 2016; 172: 282-289.

## Trial registration:

### General information

#### Acronym

#### IRCT registration information

IRCT registration number: **IRCT2015060622562N1**

Registration date: **2015-08-02, 1394/05/11**

#### Recruitment status

**Recruitment complete**

#### Expected recruitment start date

2015-07-11, 1394/04/20

#### Expected recruitment end date

2015-08-11, 1394/05/20

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

## 1

### Ethics committee

#### Name of ethics committee

Ethics Committee of Kashan university of medical sciences and health services

#### Street address

kashan university of medical sciences and health services, Ravand road

#### City

Kashan

#### Country

Iran (Islamic Republic of)

#### Postal code

#### Approval date

2015-05-24, 1394/03/03

#### Ethics committee reference number

IR.KAUMS.REC.1394.22

# R - Research governance

Bahmani F, et al. Effect of selenium supplementation on glycemic control and lipid profiles in patients with diabetic nephropathy. Biol Trace Elem Res 2016; 172: 282-289.

## Trial registration:

### General information

#### Acronym

#### IRCT registration information

IRCT registration number: **IRCT2015060622562N1**

Registration date: **2015-08-02, 1394/05/11**

#### Recruitment status

**Recruitment complete**

#### Expected recruitment start date

2015-07-11, 1394/04/20

#### Expected recruitment end date

2015-08-11, 1394/05/20

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

## 1

### Ethics committee

#### Name of ethics committee

Ethics Committee of Kashan university of medical sciences and health services

#### Street address

kashan university of medical sciences and health services, Ravand road

#### City

Kashan

#### Country

Iran (Islamic Republic of)

#### Postal code

#### Approval date

2015-05-24, 1394/03/03

#### Ethics committee reference number

IR.KAUMS.REC.1394.22

# E - Ethics

---

## **E — Ethics**

- Is there evidence that the work has been approved by a specific, recognized committee?
- Are there any concerns about unethical practice?

# E - Ethics

Sato Y, et al. Risedronate therapy for prevention of hip fracture after stroke in elderly women. *Neurology* 2005; 64: 811-6

**Methods.** Written informed consent was obtained from each participant. The study protocol was approved by the local ethics committee.

The subjects studied were women admitted to the stroke care unit of the Mitate Hospital, between April 2003 and July 2003, on

Patients were assigned to one of the two study groups by computer-generated random numbering. Starting on the third day after onset, patients received a 2.5 mg of an oral risedronate tablet (Actonel, Aventis Pharma, Tokyo, Japan) (n = 187) or a placebo tablet (n = 187) daily for 1 year. Patients were instructed to take the tablet with water (180 mL), 30 to 60 minutes before breakfast. Patient assignment was performed by a chairman of the Human Clinical Study Committee of the Mitate Hospital who was blind to patients' information and follow-up. No dose adjustments were made at any time during the study.

# E - Ethics

Sato Y, et al. Risedronate therapy for prevention of hip fracture after stroke in elderly women. *Neurology* 2005; 64: 811-6

**Methods.** Written informed consent was obtained from each participant. The study protocol was approved by the local ethics committee.

The subjects studied were women admitted to the stroke care unit of the Mitate Hospital, between April 2003 and July 2003, on

Patients were assigned to one of the two study groups by computer-generated random numbering. Starting on the third day after onset, patients received a 2.5 mg of an oral risedronate tablet (Actonel, Aventis Pharma, Tokyo, Japan) (n = 187) or a placebo tablet (n = 187) daily for 1 year. Patients were instructed to take the tablet with water (180 mL), 30 to 60 minutes before breakfast. Patient assignment was performed by a chairman of the Human Clinical Study Committee of the Mitate Hospital who was blind to patients' information and follow-up. No dose adjustments were made at any time during the study.

# E - Ethics

Sato Y, et al. Risedronate therapy for prevention of hip fracture after stroke in elderly women. *Neurology* 2005; 64: 811-6

**Methods.** Written informed consent was obtained from each participant. The study protocol was approved by the local ethics committee.

The subjects studied were women admitted to the stroke care unit of the Mitate Hospital, between April 2003 and July 2003, on

Patients were assigned to one of the two study groups by computer-generated random numbering. Starting on the third day after onset, patients received a 2.5 mg of an oral risedronate tablet (Actonel, Aventis Pharma, Tokyo, Japan) (n = 187) or a placebo tablet (n = 187) daily for 1 year. Patients were instructed to take the tablet with water (180 mL), 30 to 60 minutes before breakfast. Patient assignment was performed by a chairman of the Human Clinical Study Committee of the Mitate Hospital who was blind to patients' information and follow-up. No dose adjustments were made at any time during the study.

# A - Authorship

---

## A — Authorship

- Do all authors meet criteria for authorship?
- Are contributorship statements present?
- Are contributorship statements complete?
- Is authorship of related papers consistent?
- Can co-authors attest to the reliability of the paper?

# A - Authorship

Chandra RK. Effect of vitamin and trace-element supplementation on immune responses and infection in elderly subjects. *Lancet* 1992;340:1124-7

## Effect of vitamin and trace-element supplementation on immune responses and infection in elderly subjects

RANJIT KUMAR CHANDRA

Ageing is associated with impaired immune responses and increased infection-related morbidity. This study assessed the effect of physiological amounts of vitamins and trace elements on immunocompetence and occurrence of infection-related illness. 96 independently living, healthy elderly individuals were randomly assigned to receive nutrient supplementation or placebo. Nutrient status and immunological variables were assessed at baseline and at 12 months, and the frequency of illness due to infection was ascertained.

Subjects in the supplement group had higher numbers of certain T-cell subsets and natural killer cells, enhanced proliferation response to mitogen,

increased interleukin-2 production, and higher antibody response and natural killer cell activity. These subjects were less likely than those in the placebo group to have illness due to infections (mean [SD] 23 [5] vs 48 [7] days per year,  $p = 0.002$ ).

Supplementation with a modest physiological amount of micronutrients improves immunity and decreases the risk of infection in old age.

*Lancet* 1992; 340: 1124-27.

---

ADDRESS: Memorial University of Newfoundland, and World Health Organisation Centre for Nutritional Immunology (Prof R. K. Chandra, FRCP) Correspondence to Prof R. K. Chandra, Center for Human Nutrition, School of Hygiene and Public Health, Johns Hopkins University, 615 North Wolfe Street, Baltimore, Maryland 21205, USA.

---

# A - Authorship

---

Chandra RK. Effect of vitamin and trace-element supplementation on immune responses and infection in elderly subjects. *Lancet* 1992;340:1124-7

The help provided by Bay Area Laboratory, Dr Leele Sudhakaran, Dr Bekal Shidhara, Dr Gurkipal Singh, Mrs Theckla Lundin, and Miss Maryanne Baker is gratefully acknowledged. Dr David Bryant and Mr Pritam Cheema gave statistical advice. This study was supported in part by the Nutrition Research Education Foundation and the University Research Professorship Award of Memorial University of Newfoundland.

# A - Authorship

International Committee of Medical Journal Editors  
<https://www.icmje.org/>

- **Who is an author?**
- Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; AND
- Drafting the work or reviewing it critically for important intellectual content; AND
- Final approval of the version to be published; AND
- Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

**One person did everything with nobody as a co-author. Why was that?**

# P - Productivity

---

## **P — Productivity**

- Is the volume of work reported by research group plausible, including that indicated by concurrent studies from the same group?
- Is the reported staffing adequate for the study conduct as reported?

# P - Productivity

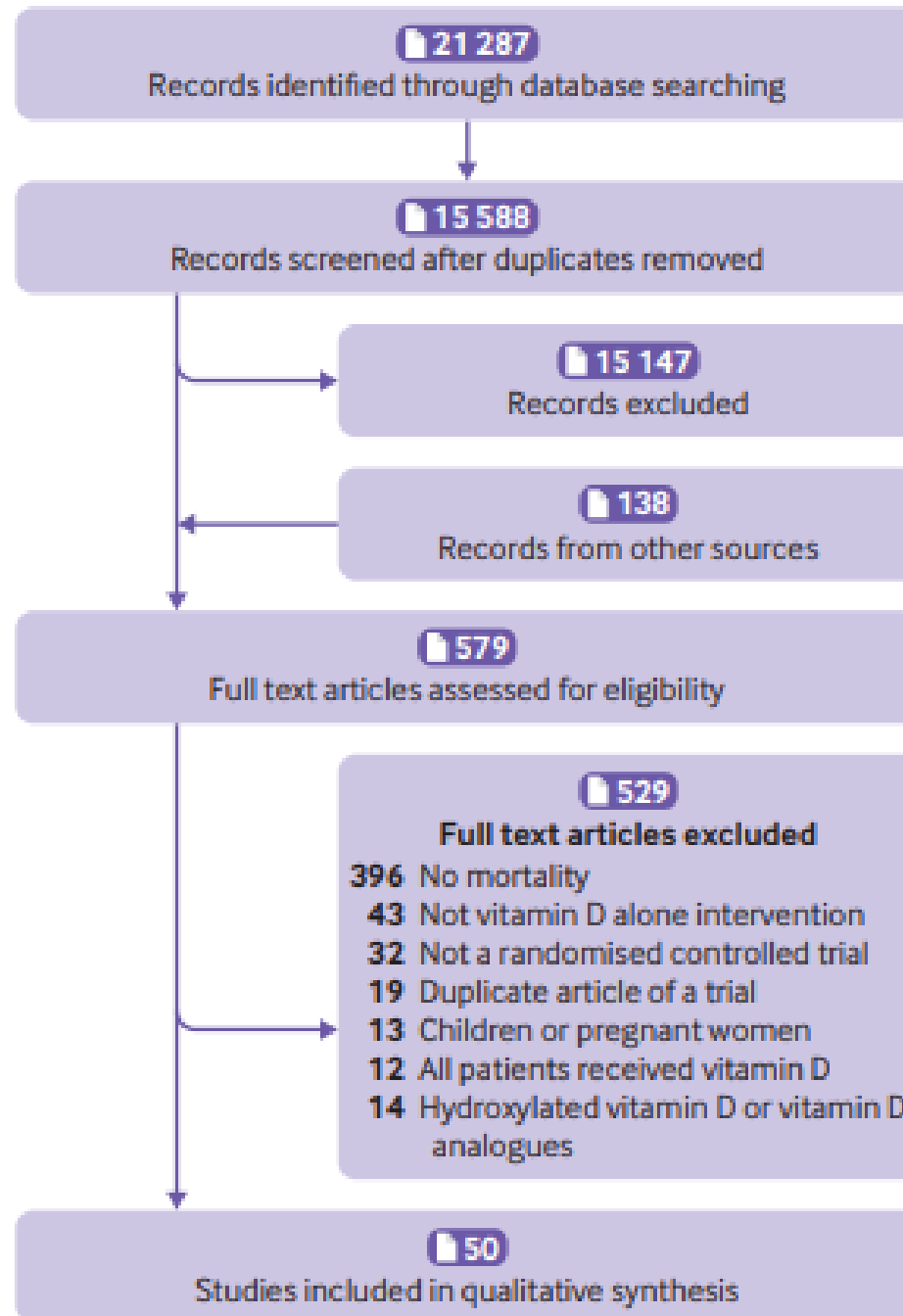
---

**Zhang Y et al. Association between vitamin D supplementation and mortality: systematic review and meta-analysis. BMJ 2019;366:l4673.**

## Search strategy

One of the authors (PX) conducted the search of several databases: Medline (Ovid), Embase (Ovid), the Cochrane Central Register of Controlled Trials (CENTRAL), from inception to 26 December 2018. We also searched ClinicalTrials.gov and the World Health Organization International Clinical Trials Registry Platform to identify ongoing or unpublished eligible trials. To maximise the search for relevant articles, we reviewed reference lists of identified trials and systematic reviews. We did not apply language restrictions. Supplemental eTable 2 presents the search strategy.

# P - Productivity



# P - Productivity

Information from BMJ, PROSPERO database for registration of systematic reviews:

Review started 1 November 2018

Protocol registered 13 December 2018

Literature searches run in databases 26 December 2018

**15,588 abstracts and titles to check over**

Anticipated completion of review 1 January 2019

Submitted manuscript 18 February 2019

# P - Plagiarism

---

## **P — Plagiarism**

- Is there evidence of copied work?
- Is there evidence of text recycling (cutting and pasting text between papers), including text that is inconsistent with the study?

# P - Plagiarism

## Alendronate and Vitamin D2 for Prevention of Hip Fracture in Parkinson's Disease: A Randomized Controlled Trial

Yoshihiro Sato, MD,<sup>1\*</sup> Jun Iwamoto, MD,<sup>2</sup> Tomohiro Kanoko, BSc,<sup>3</sup> and Kei Satoh, MD<sup>4</sup>

(BMD). The objective of this study was to address the possibility that treatment with alendronate and vitamin D2 may reduce the incidence of hip fractures in elderly women with PD.

who had been examined at the Mitate Hospital. Patients with impairment of renal, hepatic, cardiac, or thyroid function or those who had known causes of osteoporosis, such as primary hyperparathyroidism or renal osteodystrophy, were excluded from this study. Patients were excluded if they had been treated with corticosteroids, estrogens, calcitonin, bisphosphonate, calcium, or vitamins D and K for 3 months or more during the 12 months

# P - Plagiarism

---

## **Risedronate and ergocalciferol prevent hip fracture in elderly men with Parkinson disease**

Yoshihiro Sato, MD; Yoshiaki Honda, MD; and Jun Iwamoto, MD

review of medical charts. Patients with impairment of renal, hepatic, cardiac, or thyroid function or those who had known causes of osteoporosis, such as primary hyperparathyroidism or renal osteodystrophy, were excluded from this study. Patients were excluded if they had been treated with corticosteroids, estrogens,

calcitonin, bisphosphonate, calcium, or vitamins D and K for 3 months or more during the 12 months preceding the study, and

# P - Plagiarism

---

## **Risedronate and ergocalciferol prevent hip fracture in elderly men with Parkinson disease**

Yoshihiro Sato, MD; Yoshiaki Honda, MD; and Jun Iwamoto, MD

review of medical charts. Patients with impairment of renal, hepatic, cardiac, or thyroid function or those who had known causes of osteoporosis, such as primary hyperparathyroidism or renal osteodystrophy, were excluded from this study. Patients were excluded if they had been treated with corticosteroids, estrogens,

calcitonin, bisphosphonate, calcium, or vitamins D and K for 3 months or more during the 12 months preceding the study, and

# R - Research conduct

---

## **R — Research conduct**

- Is the recruitment of participants plausible within the stated time frame for the research?
- Is the recruitment of participants plausible considering the epidemiology of the disease in the area of the study location?
- Do the numbers of animals purchased and housed align with numbers in the publication?
- Is the number of participant withdrawals compatible with the disease, age and timeline?
- Is the number of participant deaths compatible with the disease, age and timeline?
- Is the interval between study completion and manuscript submission plausible?
- Could the study plausibly be completed as described?

# R - Research conduct

|

*British Journal of Nutrition* (2016), **116**, 1394–1401  
© The Authors 2016

doi:10.1017/S0007114516003457

## The effects of synbiotic supplementation on markers of insulin metabolism and lipid profiles in gestational diabetes: a randomised, double-blind, placebo-controlled trial

Shahnaz Ahmadi<sup>1,2</sup>, Mehri Jamilian<sup>3\*</sup>, Maryam Tajabadi-Ebrahimi<sup>4</sup>, Parvaneh Jafari<sup>5</sup> and Zatollah Asemi<sup>6\*†</sup>

<sup>1</sup>*Department of Gynecology and Obstetrics, School of Medicine, Iran University of Medical Sciences, PO Box 83121625, Tehran, Iran*

<sup>2</sup>*Department of Gynecology and Obstetrics, School of Medicine, Bushehr University of Medical Sciences, Bushehr, Iran*

<sup>3</sup>*Department of Gynecology and Obstetrics, School of Medicine, Endocrinology and Metabolism Research Center, Arak University of Medical Sciences, PO Box 6618634683, Arak, Iran*

<sup>4</sup>*Science Department, Science Faculty, Islamic Azad University, Tebran Central Branch, PO Box 83121625, Tebran, Iran*

<sup>5</sup>*Department of Microbiology, Science Faculty, Islamic Azad University, Arak Branch, PO Box 6618634683, Arak, Iran*

<sup>6</sup>*Research Center for Biochemistry and Nutrition in Metabolic Diseases, Kashan University of Medical Sciences, PO Box 8715988141, Kashan, Iran*

*(Submitted 6 June 2016 – Final revision received 16 July 2016 – Accepted 24 August 2016 – First published online 29 September 2016)*

# R - Research conduct

---

## Methods

### *Trial design*

The present study was a 6-week prospective, randomised, double-blind, placebo-controlled clinical trial.

### *Participants*

In the present study, we included seventy women with GDM aged 18–40 years without previous diabetes, who were diagnosed with GDM by 'one-step', 2-h, 75-g oral glucose tolerance test (OGTT) at 24–28 weeks of gestation, referred to Kosar Clinic in Arak, Iran, from March 2016 to May 2016. We diag-

# R - Research conduct

---

## Methods

### *Trial design*

The present study was a 6-week prospective, randomised, double-blind, placebo-controlled clinical trial.

### *Participants*

In the present study, we included seventy women with GDM aged 18–40 years without previous diabetes, who were diagnosed with GDM by 'one-step', 2-h, 75-g oral glucose tolerance test (OGTT) at 24–28 weeks of gestation, referred to Kosar Clinic in Arak, Iran, from March 2016 to May 2016. We diagnosed GDM on the basis of the American Diabetes Association

# A - Analyses and methods

---

## A — Analyses and methods

- Are the study methods plausible, at the location specified?
- Have the correct analyses been undertaken and reported?
- Is there evidence of poor methodology, including:
  - Missing data
  - Inappropriate data handling
- 'P-hacking': biased or selective analyses that promote fragile results
- Other unacknowledged multiple statistical testing
- Is there outcome switching — that is, do the analysis and discussion focus on measures other than those specified in registered analysis plans?

# A - Analyses and methods

**Bahmani F et al. The effects of selenium supplementation on biomarkers of inflammation and oxidative stress in patients with diabetic nephropathy: a randomised, double-blind, placebo-controlled trial. Br J Nutr 2016;116:1222-8**

**Bahmani F et al. Effect of selenium supplementation on glycemic control and lipid profiles in patients with diabetic nephropathy. Biol Trace Elem Res 2016; 172:282-9**

**Table 1.** General characteristics of the study participants (Numbers and percentages; mean values and standard deviations)

	Placebo group (n 30)		Se group (n 30)	
	n	%	n	%
Smoking status	4	13.3	4	13.3
Type of diabetes				
Type 1	3	10.0	3	10.0
Type 2	27	90.0	27	90.0
Duration of DM (years)				
Mean		15.8		16.2
SD		2.8		2.5
Insulin therapy	22	73.3	21	70

	Placebo group (n = 30)	Selenium group (n = 30)
Gender (%)		
Male	15 (50.0)	15 (50.0)
Female	15 (50.0)	15 (50.0)
Type of diabetes (%)		
Type 1	3 (10.0)	3 (10.0)
Type 2	27 (90.0)	27 (90.0)
Duration of DM (year)	15.8±2.8	16.2±2.5
Age (y)	61.4±9.3	63.1±12.6
Height (cm)	160.1±10.1	160.4±9.0
Weight at study baseline (kg)	77.2±10.1	79.5±15.1
Weight at end-of-trial (kg)	77.3±10.2	79.6±15.0
Weight change (kg)	0.1±0.4	0.1±0.4
BMI at study baseline (kg/m <sup>2</sup> )	30.4±4.9	29.8±5.8
BMI at end-of-trial (kg/m <sup>2</sup> )	30.4±4.9	29.8±5.8
BMI change (kg/m <sup>2</sup> )	0.03±0.1	0.01±0.2
Insulin therapy (%)	22 (73.3)	21 (70)

**Are these the same trial?**

# A - Analyses and methods

Bahmani F et al. The effects of selenium supplementation on biomarkers of inflammation and oxidative stress in patients with diabetic nephropathy: a randomised, double-blind, placebo-controlled trial. Br J Nutr 2016;116:1222-8

Bahmani F et al. Effect of selenium supplementation on glycemic control and lipid profiles in patients with diabetic nephropathy. Biol Trace Elem Res 2016; 172:282-9

→ Primary outcome variables were markers of insulin metabolism in the current study. In our study, secondary outcome variables

reference laboratory. In the current study, the primary outcome variables were pro-inflammatory and inflammatory markers. ←

# I - Image manipulation

---

## I – Image manipulation

Is there evidence of manipulation or duplication of images?

# I - Image manipulation

Sato Y et al. Abnormal bone and calcium metabolism in immobilized Parkinson's disease patients. *Movement Disorders* 2005; 20: 1598-1603

TABLE 1. *Clinical characteristics of the study subjects*

Variable	Control (n = 99)	Parkinson's disease (n = 142)
Age (yr)	68.8 ± 3.4	69.9 ± 7.7
Gender (M/F)	42/57	64/78
Duration of illness (yr)		6.2 ± 3.7
Hoehn and Yahr stage <sup>b</sup>		3.3 ± 1.1
UPDRS III (motor function)		47.4 ± 22.5

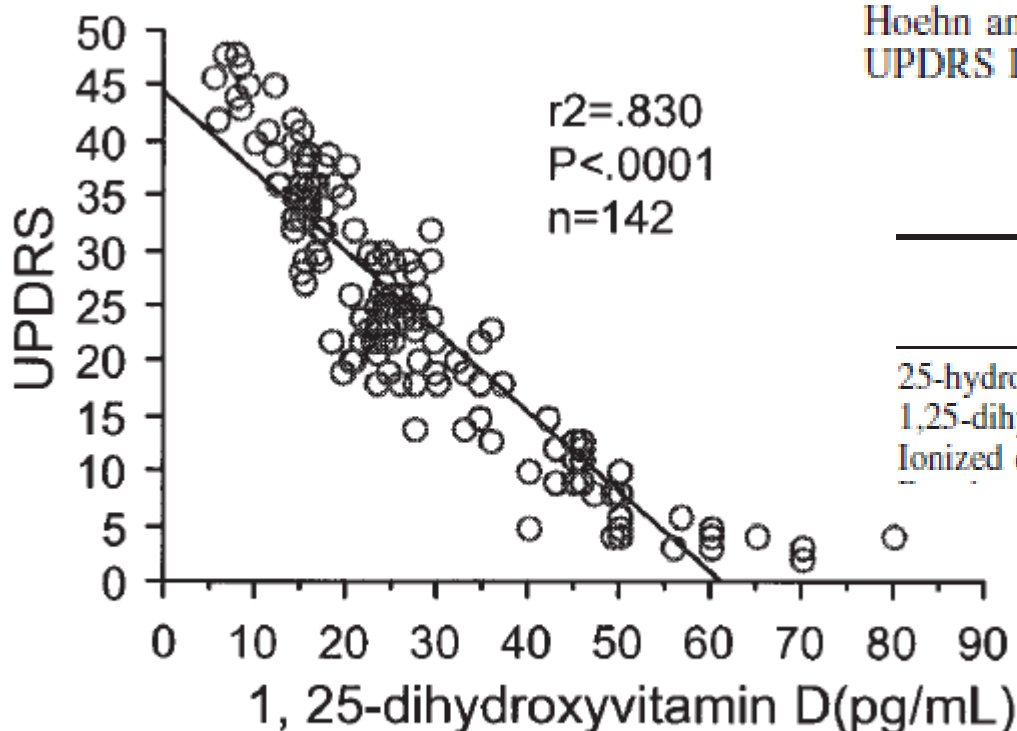


TABLE 2. *Indexes of bone metabolism and bone mineral density in control and patients with Parkinson's disease*

Variable	Control (n = 99)	Parkinson's disease (n = 142)
25-hydroxyvitamin D (nmol/L)	83.2 ± 7.7	29.7 ± 16.3
1,25-dihydroxyvitamin D (pmol/L)	133.3 ± 24.8	88.7 ± 34.5
Ionized calcium (mmol/L)	1.220 ± 0.039	1.270 ± 0.042

FIG. 1. UPDRS versus 1,25-dihydroxyvitamin D demonstrated a negative correlation by linear correlation analysis.

# I - Image manipulation

Sato Y et al. Abnormal bone and calcium metabolism in immobilized Parkinson's disease patients. *Movement Disorders* 2005; 20: 1598-1603

TABLE 1. *Clinical characteristics of the study subjects*

Variable	Control (n = 99)	Parkinson's disease (n = 142)
Age (yr)	68.8 ± 3.4	69.9 ± 7.7
Gender (M/F)	42/57	64/78
Duration of illness (yr)		6.2 ± 3.7
Hoehn and Yahr stage <sup>b</sup>		3.3 ± 1.1
UPDRS III (motor function)		47.4 ± 22.5

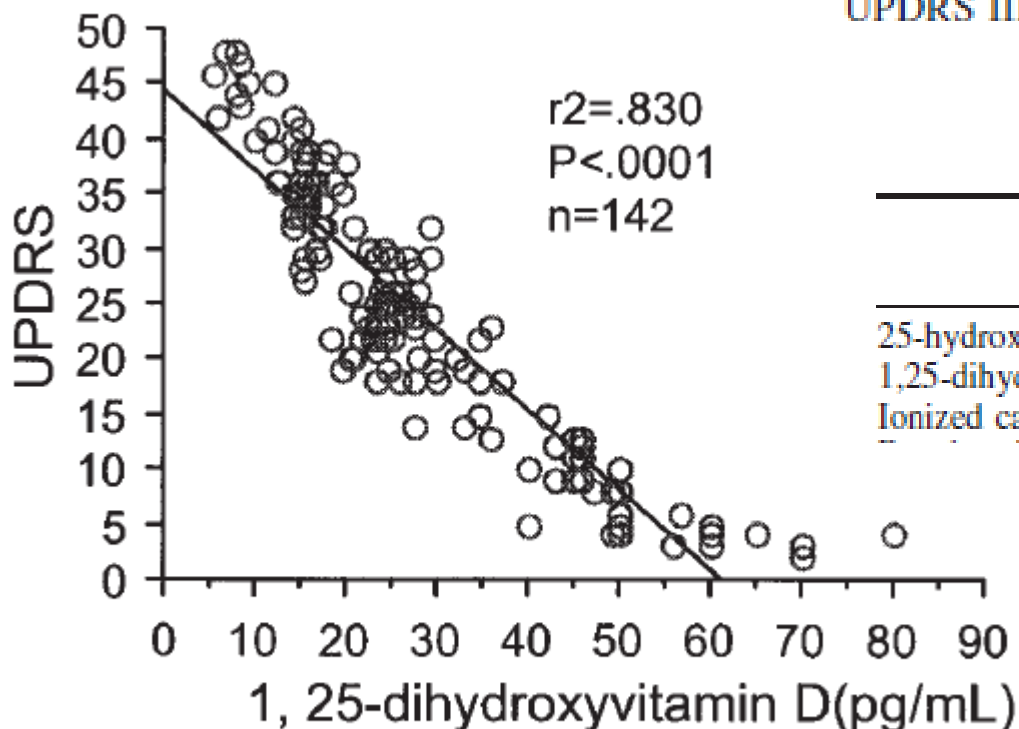


TABLE 2. *Indexes of bone metabolism and bone mineral density in and patients with Parkinson's disease*

Variable	Control (n = 99)	Parkinson's disease (n = 142)
25-hydroxyvitamin D (nmol/L)	83.2 ± 7.7	29.7 ± 16.3
1,25-dihydroxyvitamin D (pmol/L)	133.3 ± 24.8	88.7 ± 34.5
Ionized calcium (mmol/L)	1.220 ± 0.039	1.270 ± 0.042

**UPDRS does not match.  
 1,25 vit D different units,  
 graph mean ~30pg/ml ≈  
 75pmol/L**

FIG. 1. UPDRS versus 1,25-dihydroxyvitamin D demonstrated a negative correlation by linear correlation analysis.

# S - Statistics and data

---

## S – Statistics and data

- Are any data impossible?
  - Are subgroup means incompatible with those for the whole cohort?
  - Are the reported summary data compatible with the reported range?
  - Are the summary outcome data identical across study groups?
  - Are there any discrepancies between data reported in figures, tables and text?
  - Are statistical test results compatible with reported data?
- Are any data implausible?
  - Are any of the baseline data excessively similar or different between randomized groups?
  - Are any of the outcome data unexpected outliers?
  - Are the frequencies of the outcomes unusual?
  - Are any data outside the expected range for sex, age or disease?
  - Are there any discrepancies between the values for percentage and absolute change?
  - Are there any discrepancies between reported data and participant inclusion criteria?
  - Are the variances in biological variables surprisingly consistent over time?

# S - Statistics and data

**Derosa G et al. Effects of orlistat, simvastatin, and orlistat + simvastatin in obese patients with hypercholesterolemia: a randomized, open-label trial. Curr Ther Res 2002;63:621-33.**

**Table I. Baseline demographic characteristics of all study patients (N = 83).\***

Characteristic	Group O (n = 28)		Group S (n = 29)		Group OS (n = 26)	
	Women (n = 14)	Men (n = 14)	Women (n = 15)	Men (n = 14)	Women (n = 13)	Men (n = 13)
Age, y	55 (9)	56 (10)	56 (9)	56 (10)	54 (10)	55 (10)
Body weight, kg	96 (9)	95 (10)	96 (8)	97 (10)	95 (9)	94 (8)
Height, cm	172 (9)	174 (7)	170 (7)	172 (8)	170 (7)	172 (9)
Waist circumference, cm	99 (7)	96 (5)	98 (5)	97 (4)	100 (6)	98 (6)

O = orlistat; S = simvastatin; OS = orlistat + simvastatin.

\*Values are expressed as mean (SD). There were no significant differences within or between groups.

# S - Statistics and data

**Derosa G et al. Effects of orlistat, simvastatin, and orlistat + simvastatin in obese patients with hypercholesterolemia: a randomized, open-label trial. Curr Ther Res 2002;63:621-33.**

**Table 1. Baseline demographic characteristics of all study patients (N = 83).\***

Characteristic	Group O (n = 28)		Group S (n = 29)		Group OS (n = 26)	
	Women (n = 14)	Men (n = 14)	Women (n = 15)	Men (n = 14)	Women (n = 13)	Men (n = 13)
Age, y	55 (9)	56 (10)	56 (9)	56 (10)	54 (10)	55 (10)
Body weight, kg	96 (9)	95 (10)	96 (8)	97 (10)	95 (9)	94 (8)
Height, cm	172 (9)	174 (7)	170 (7)	172 (8)	170 (7)	172 (9)
Waist circumference, cm	99 (7)	96 (5)	98 (5)	97 (4)	100 (6)	98 (6)

O = orlistat; S = simvastatin; OS = orlistat + simvastatin.

\*Values are expressed as mean (SD). There were no significant differences within or between groups.

# S - Statistics and data

Derosa G et al. Effects of orlistat, simvastatin, and orlistat + simvastatin in obese patients with hypercholesterolemia: a randomized, open-label trial. *Curr Ther Res* 2002;63:621-33.

**Table I.** Baseline demographic characteristics of all study patients (N = 83).\*

Characteristic	Group O (n = 28)		Group S (n = 29)		Group OS (n = 26)	
	Women (n = 14)	Men (n = 14)	Women (n = 15)	Men (n = 14)	Women (n = 13)	Men (n = 13)
Age, y	55 (9)	56 (10)	56 (9)	56 (10)	54 (10)	55 (10)
Body weight, kg	96 (9)	95 (10)	96 (8)	97 (10)	95 (9)	94 (8)
Height, cm	172 (9)	174 (7)	170 (7)	172 (8)	170 (7)	172 (9)
Waist circumference, cm	99 (7)	96 (5)	98 (5)	97 (4)	100 (6)	98 (6)

O = orlistat; S = simvastatin; OS = orlistat + simvastatin.

\*Values are expressed as mean (SD). There were no significant differences within or between groups.

**Average height for Italian men and women ([www.worlddata.info](http://www.worlddata.info))**

**Men 1.74m**

**Women 1.61m**

# E - Errors

---

## E — Errors

- Are correct units reported?
- Are numbers of participants correct and consistent throughout the publication?
- Are calculations of proportions and percentages correct?
- Are results internally consistent?
- Are the results of statistical testing internally consistent and plausible?
- Are other data errors present?
- Are there typographical errors?

# E - Errors

---

**Table 3** Numbers of falls and fractures among 242 study participants treated with either calcium mono or calcium + vitamin D over a 12 month period and a blinded follow-up without treatment until month 20 (intention-to-treat analysis)

	Calcium mono (N=120)	Calcium + vitamin D (N=122)	
Subjects who fell	75	49	p<0.001
Falls per group	169	106	p<0.001
Subjects with 1 fall	37	24	
Subjects with 2 falls	18	13	
Subjects with 3 falls	7	3	
Subjects with >3 falls	9	13	
Subjects with fractures	12	7	p=0.08
Fractures per group (N)	19	12	p=0.12

Pfeifer M et al. Effects of a long-term vitamin D and calcium supplementation on falls and parameters of muscle function in community-dwelling older individuals. *Osteoporos Int* 2009; 20:315-322.

# E - Errors in basic arithmetic

---

**Table 3** Numbers of falls and fractures among 242 study participants treated with either calcium mono or calcium + vitamin D over a 12 month period and a blinded follow-up without treatment until month 20 (intention-to-treat analysis)

	Calcium mono (N=120)	Calcium + vitamin D (N=122)	
Subjects who fell	75	49	p<0.001
Falls per group	169	106	p<0.001
Subjects with 1 fall	37	24	
Subjects with 2 falls	18	13	
Subjects with 3 falls	7	3	
Subjects with >3 falls	9	13	
Subjects with fractures	12	7	p=0.08
Fractures per group (N)	19	12	p=0.12

---

**Calcium group  
number who fell  
total = 71**

**Calcium and  
vitamin D group  
number  
who fell = 53**

Pfeifer M et al. Effects of a long-term vitamin D and calcium supplementation on falls and parameters of muscle function in community-dwelling older individuals. *Osteoporos Int* 2009; 20:315-322.

# D - Data duplication and reporting

---

## **D — Data duplication and reporting**

- Have the data been published elsewhere?
- Is any duplicate reporting acknowledged or explained?
- How many data are duplicate reported?
- Are duplicate-reported data consistent between publications?
- Are relevant methods consistent between publications?
- Is there evidence of duplication of figures?

# D - Data duplication and reporting

**Table 3.** Urinary calcium, phosphorus, creatinine, fecal calcium, and calcium intake

Group	Urinary calcium mg/day	Urinary phosphorus mg/day	Urinary creatinine mg/day	Fecal calcium mg/day	Food intake g/day	Calcium intake mg/day
NC (n = 8)	1.63 ± 0.39	6.75 ± 0.52	9.69 ± 0.66	48.04 ± 3.19	13.52 ± 0.93	67.59 ± 4.64
NCD (n = 8)	20.2 ± 0.43	11.14 ± 3.71	10.12 ± 1.08	42.17 ± 2.31	13.65 ± 0.66	68.26 ± 3.29
One-way ANOVA	p < 0.01	p < 0.01	ns	p < 0.01	ns	ns
LC (n = 8)	0.34 ± 0.11**	16.96 ± 4.51**	8.00 ± 1.69**	1.58 ± 0.22**	12.32 ± 0.73**	12.32 ± 0.73**
LCD (n = 8)	0.78 ± 0.06**	20.59 ± 1.28**	9.58 ± 0.58	1.08 ± 0.19**	13.02 ± 0.18	13.02 ± 0.18**
One-way ANOVA	p < 0.01	ns	p < 0.05	p < 0.01	p < 0.05	p < 0.05

Iwamoto J et al.  
Horm Res  
2004;61:293–299

Data are expressed as mean ± SD. One-way analysis of variance (ANOVA) was used to compare the data among the groups.

\*\* Significantly different from NC.

NC = Normal calcium diet; NCD = normal calcium diet + vitamin D supplementation; LC = low calcium diet; LCD = low calcium diet + vitamin D supplementation.

**Table 5**  
Urinary calcium, phosphorus, creatinine, fecal calcium, and calcium intake

Group	Urinary calcium (mg/day)	Urinary phosphorus (mg/day)	Urinary creatinine (mg/day)	Fecal calcium (mg/day)	Food intake (g/day)	Calcium intake (mg/day)
NC (n = 8)	1.63 ± 0.39	6.75 ± 0.52	9.69 ± 0.66	48.04 ± 3.19	13.52 ± 0.93	67.59 ± 4.64
LC (n = 8)	0.34 ± 0.11 <sup>b</sup>	16.96 ± 4.51 <sup>b</sup>	8.00 ± 1.69 <sup>b</sup>	1.58 ± 0.22 <sup>b</sup>	12.32 ± 0.73 <sup>b</sup>	12.32 ± 0.73 <sup>b</sup>
LCK (n = 8)	0.21 ± 0.11 <sup>b,c</sup>	20.09 ± 1.25 <sup>b,c</sup>	8.91 ± 0.89	1.53 ± 0.19 <sup>b</sup>	12.55 ± 0.40 <sup>b</sup>	12.55 ± 0.40 <sup>b</sup>
LCD (n = 8)	0.78 ± 0.06 <sup>b,c,d</sup>	20.59 ± 1.28 <sup>b,c</sup>	9.58 ± 0.58 <sup>c</sup>	1.08 ± 0.19 <sup>b</sup>	13.02 ± 0.18 <sup>c</sup>	13.02 ± 0.18 <sup>b</sup>
LCKD (n = 8)	0.40 ± 0.06 <sup>b,c</sup>	34.74 ± 1.30 <sup>b,c,d,e</sup>	9.73 ± 1.24 <sup>c</sup>	1.12 ± 0.21 <sup>b</sup>	13.33 ± 0.33 <sup>c,d</sup>	13.33 ± 0.33 <sup>b</sup>
Two-way ANOVA						
K	P < 0.001	P < 0.001	ns	ns	ns	ns
D	P < 0.001	P < 0.001	P < 0.05	P < 0.001	P < 0.01	P < 0.001
Interaction	P < 0.01	P < 0.001	ns	ns	ns	ns

Iwamoto J et al.  
Bone  
2003;33:557–66

Note. Data are expressed as mean ± SD. ANOVA with Fisher's PLSD test was used to compare the data among the groups.

<sup>a</sup>Significantly different from NC.

<sup>b</sup>Significantly different from LC.

<sup>c</sup>Significantly different from LCK.

<sup>d</sup>Significantly different from LCD.

# D - Data duplication and reporting

**Table 3.** Urinary calcium, phosphorus, creatinine, fecal calcium, and calcium intake

Group	Urinary calcium mg/day	Urinary phosphorus mg/day	Urinary creatinine mg/day	Fecal calcium mg/day	Food intake g/day	Calcium intake mg/day
NC (n = 8)	1.63±0.39	6.75±0.52	9.69±0.66	48.04±3.19	13.52±0.93	67.59±4.64
NCD (n = 8)	20.2±0.43	11.14±3.71	10.12±1.08	42.17±2.31	13.65±0.66	68.26±3.29
One-way ANOVA	p<0.01	p<0.01	ns	p<0.01	ns	ns
LC (n = 8)	0.34±0.11**	16.96±4.51**	8.00±1.69**	1.58±0.22**	12.32±0.73**	12.32±0.73**
LCD (n = 8)	0.78±0.06**	20.59±1.28**	9.58±0.58	1.08±0.19**	13.02±0.18	13.02±0.18**
One-way ANOVA	p<0.01	ns	p<0.05	p<0.01	p<0.05	p<0.05

Data are expressed as mean ± SD. One-way analysis of variance (ANOVA) was used to compare the data among the groups.

\*\* Significantly different from NC.

NC = Normal calcium diet; NCD = normal calcium diet + vitamin D supplementation; LC = low calcium diet; LCD = low calcium diet + vitamin D supplementation.

Iwamoto J et al.  
Horm Res  
2004;61:293–299

Table 5  
Urinary calcium, phosphorus, creatinine, fecal calcium, and calcium intake

Group	Urinary calcium (mg/day)	Urinary phosphorus (mg/day)	Urinary creatinine (mg/day)	Fecal calcium (mg/day)	Food intake (g/day)	Calcium intake (mg/day)
NC (n = 8)	1.63 ± 0.39	6.75 ± 0.52	9.69 ± 0.66	48.04 ± 3.19	13.52 ± 0.93	67.59 ± 4.64
LC (n = 8)	0.34 ± 0.11 <sup>b</sup>	16.96 ± 4.51 <sup>b</sup>	8.00 ± 1.69 <sup>b</sup>	1.58 ± 0.22 <sup>b</sup>	12.32 ± 0.73 <sup>b</sup>	12.32 ± 0.73 <sup>b</sup>
LCK (n = 8)	0.21 ± 0.11 <sup>b,c</sup>	20.09 ± 1.25 <sup>b,c</sup>	8.91 ± 0.89	1.53 ± 0.19 <sup>b</sup>	12.55 ± 0.40 <sup>b</sup>	12.55 ± 0.40 <sup>b</sup>
LCD (n = 8)	0.78 ± 0.06 <sup>b,c,d</sup>	20.59 ± 1.28 <sup>b,c</sup>	9.58 ± 0.58 <sup>c</sup>	1.08 ± 0.19 <sup>b</sup>	13.02 ± 0.18 <sup>c</sup>	13.02 ± 0.18 <sup>b</sup>
LCKD (n = 8)	0.40 ± 0.06 <sup>b,c</sup>	34.74 ± 1.30 <sup>b,c,d,e</sup>	9.73 ± 1.24 <sup>c</sup>	1.12 ± 0.21 <sup>b</sup>	13.33 ± 0.33 <sup>c,d</sup>	13.33 ± 0.33 <sup>b</sup>
Two-way ANOVA						
K	P < 0.001	P < 0.001	ns	ns	ns	ns
D	P < 0.001	P < 0.001	P < 0.05	P < 0.001	P < 0.01	P < 0.001
Interaction	P < 0.01	P < 0.001	ns	ns	ns	ns

Note. Data are expressed as mean ± SD. ANOVA with Fisher's PLSD test was used to compare the data among the groups.

<sup>a</sup>Significantly different from NC.

<sup>b</sup>Significantly different from LC.

<sup>c</sup>Significantly different from LCK.

<sup>d</sup>Significantly different from LCD.

Iwamoto J et al.  
Bone  
2003;33:557–66



THE UNIVERSITY OF  
**AUCKLAND**  
Te Whare Wānanga o Tāmaki Makaurau  
NEW ZEALAND



**HSRU**

Promoting Excellence in Health Services Research

# Comments please

Alison Avenell [a.avenell@abdn.ac.uk](mailto:a.avenell@abdn.ac.uk)

**Twitter:** @reappraisedblog

**Blog:** <https://reappraised.wordpress.com>

**REAPPRAISED CHECKLIST:**

<https://www.nature.com/articles/d41586-019-03959-6>



[www.abdn.ac.uk/hsru](http://www.abdn.ac.uk/hsru)

Follow us on  @hsru\_aberdeen